



Samples of Case Studies and the application of Expressive Arts Therapies- Kat Gibbons



Application of therapeutic art modalities such as family portraiture and sand play to support a adolescent boy diagnosed with Reactive Attachment Disorder, after being adopted from a Ukrainian orphanage.



Application of therapeutic expressive art through dolls, clay and safe containers to support an 8year old girl with grief after the sudden loss of her father.



Application of mindfulness practices, ecotherapy and therapeutic art modalities such as cooking, painting, poetry and photography to support a 13-15year old girl with depression and a history of trauma associated with a psychotic episode.



Application of regulatory art modalities such as carving, drawing, storytelling and jewelry making to support a 6-8year old boy with Sensory Processing Disorder and Disruptive Mood Dysregulation Disorder.

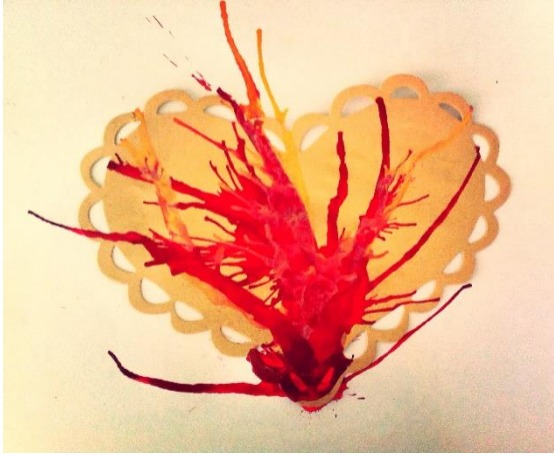


Application of therapeutic drawing, puppetry and role play to support a 12year old girl with anxiety and social-emotional needs.

Personal Portfolio- Examples of various modalities

Multi-media-Wax rubbings and solar print making, ink, wax, natural materials, paint, found materials.



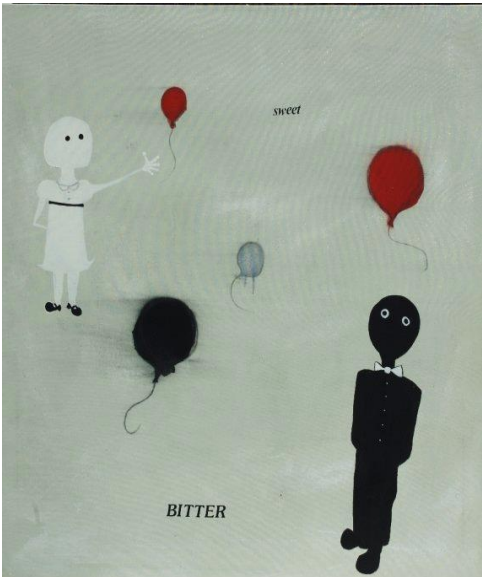


Collage-
paper,
ink,
ribbons,
velum.

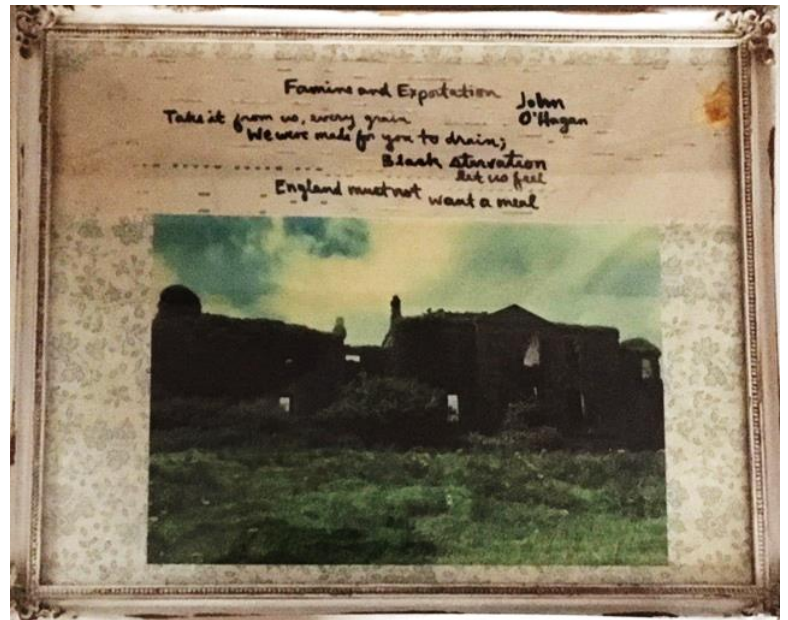


Sewing and
Puppetry-
fabric,
polymer
clay, wire,
paint.

Painting- Wood, acrylic paint, spray
paint, oil pastels, transfer letters.



Multi-media
reflection on the Irish
Famine- photography,
player piano paper
and ink.



Grief beading



*The Lost Children of Tuam

